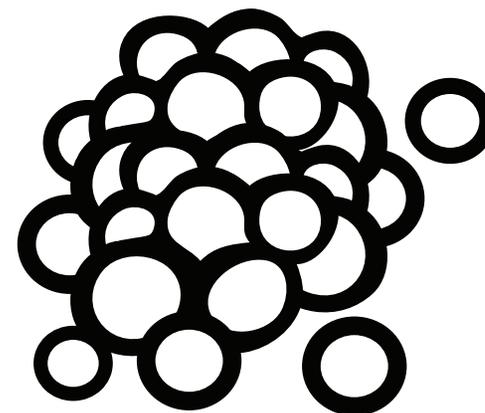
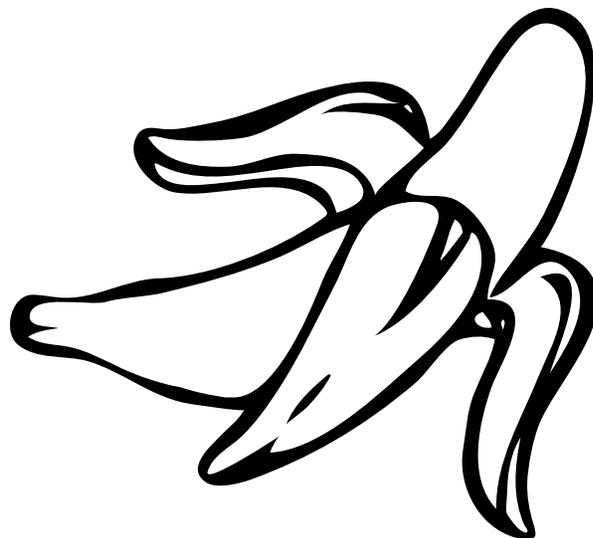
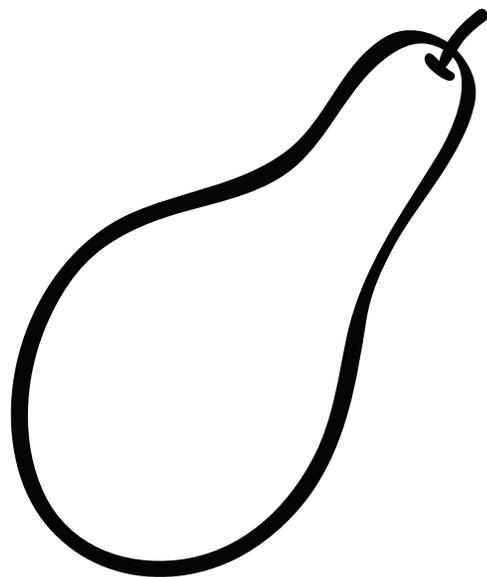
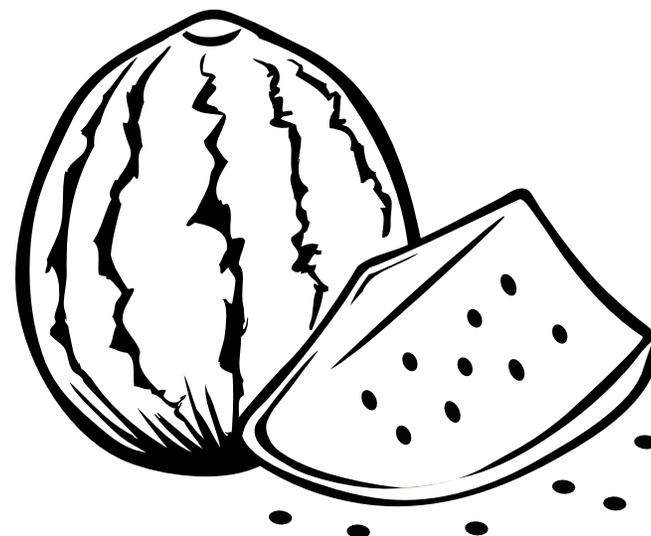
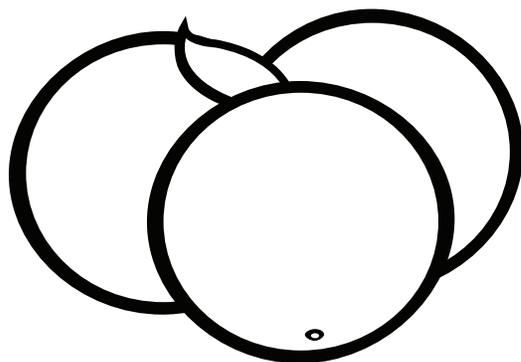
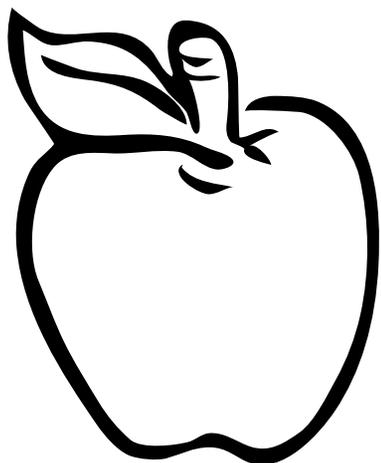


Single Behavior Chart

Each time you _____, color a picture.



After you color all of the pictures, you get _____ !

How to Use a Single Behavior Chart

Single behavior charts are designed for kids who are focusing on one single behavior that you'd like to see more of. This chart is best suited for younger children. Write the behavior your child is working on at the top of the chart and write the reward your child is working toward in the space at the bottom.

Examples could be:

Sharing my toys

Using please and thank you

Following directions

Every time you notice your child practicing the behavior that you'd like to see more of, have your child color one of the six pictures. Once your child has been able to color in every picture, your child gets the reward.

Examples of rewards:

Playing a game with mom or dad

Earning TV time or video game time

Coming along on an errand or earning a trip to the store

THINGS TO KEEP IN MIND:

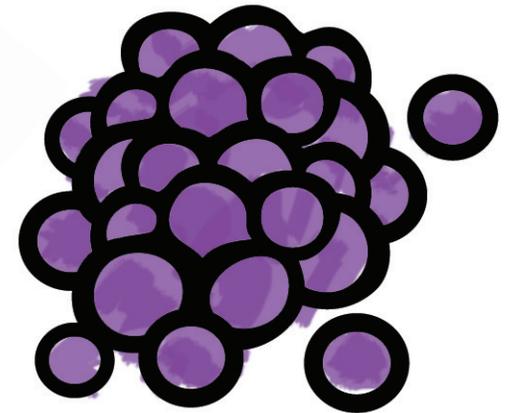
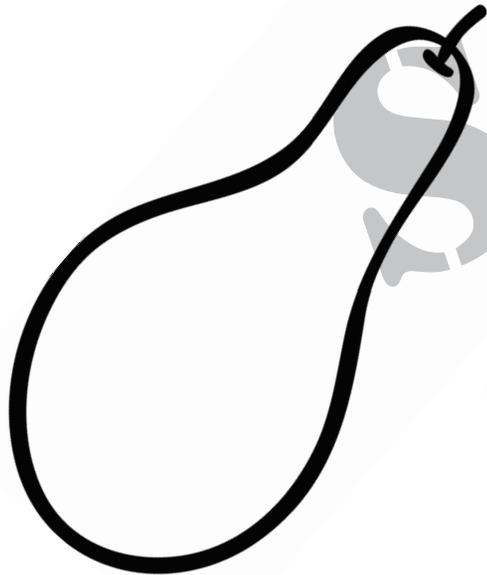
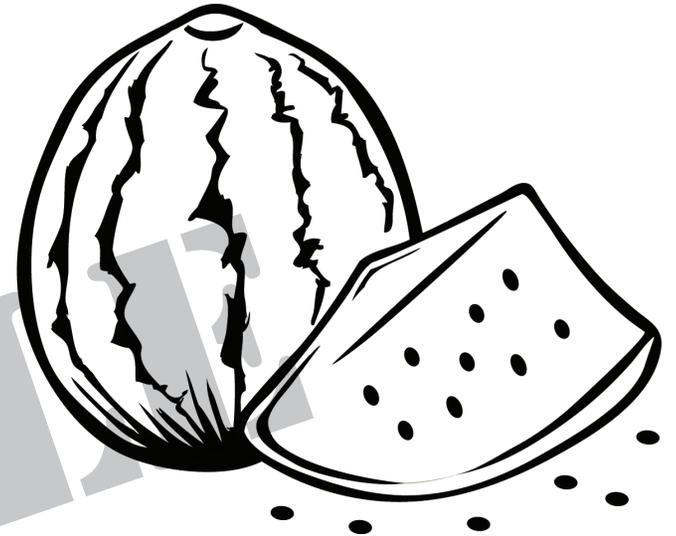
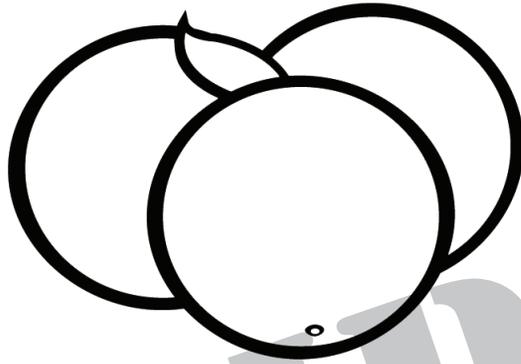
- The chart should be kept in a readily accessible and visible place—this helps your child remember to follow it. The front of the refrigerator is a good place to hang a chart, especially if other members of the family will be involved.
- It might take some trial and error to set a goal for your child. If he is earning 3 rewards a day, that isn't going to work very well for you. If he is never able to earn any rewards, then that isn't going to work either. You want your child to stretch a little to earn the reward, but you want him to have days where he does earn it!
- Long term rewards can work, but they might not be enough of an incentive for younger children. Waiting the whole week to earn a reward might feel like a very long week. If your child has a hard Tuesday, what is her incentive to have a better Wednesday?
- This incentive chart shouldn't be used as a consequence. Kids shouldn't lose something that has been earned. If they are not making good choices, then they simply don't get to color a picture and they will have to try harder.
- As your child consistently meets the goal, you can increase the goal a bit or you might choose to celebrate together and then choose another behavior to focus on.

ADDITIONAL INFORMATION

Search [EmpoweringParents.com](https://empoweringparents.com) for related articles about Accountability and Responsibility.

Single Behavior Chart

Each time you share a toy , color a picture.



After you color all of the pictures, you get extra play time with mom !